

# SHIVAJI UNIVERSITY, KOLHAPUR



**Revised Syllabus for**

**M. A. Part- II (Psychology) Semester - III and IV**

(Faculty of Humanities)

**Specialization in Clinical Psychology**

**Group F1 (Clinical) Paper IX to XVI**

**Choice Based Credit System Pattern**

**Syllabus to be implemented from**

**June 2020 onwards**

**A] Ordinance and Regulations: (as applicable to Master of Arts Degree in Psychology)**  
**Shivaji University, Kolhapur**  
Syllabus For  
**Master of Arts in Psychology**  
**(Semester III and IV)**  
**[FACULTY OF HUMANITIES]**

**1. TITLE:**

**Psychology (under the faculty of Humanities)**

**2. YEAR OF IMPLEMENTATION:**

Under Academic Flexibility, the New M.A. Psychology Syllabus will be implemented **from June, 2020 onwards** in the affiliated colleges of Shivaji University, Kolhapur.

**3. PREAMBLE:**

This course is aimed at developing knowledge and understanding the principles of fields of psychology. The course gives an edge to the psychology students to enable them to inculcate the philosophies, ideologies and methodologies of psychologist's profession. In order to fulfill this, the course covers wide range of topics pertaining to the core, supportive, interdisciplinary and elective domains of applied psychology. The course is designed with appropriate consistency within the papers and among the papers. Therefore, inter dependence of the papers is a characteristic feature of the course. The course will enable the learners to assume the role of the psychologists for the better development of individuals and society with a positive attitude.

**4. GENERAL OBJECTIVES OF PSYCHOLOGY COURSE:**

After successful completion students will be able to:

1. Understand the ideologies, methodologies, values and ethical principles of psychologist's practices working in various settings with individuals and groups.
2. Strengthen the theoretical understanding, expand knowledge-base, and inculcate relevant values, attitudes and skills required for a professional psychologist through the theory and practical component of the course.
3. Develop interdisciplinary and specialized professional outlook, upheld the dignity and esteem of the psychology profession and achieve self-actualization.
4. Inculcate the analytical ability, research aptitude and relevant skills for professional life.
5. To provide students' with in-depth training under supervised conditions in direct service models of assessment, and therapy in order to practice as clinical psychologists.
6. Construct individual case formulations, diagnose clients, and recommend appropriate interventions. They will also be competent in consulting with other professionals, communicating their professional judgments, queries and concerns, and justifying their conclusions.
7. Students will develop hypotheses and design studies that appropriately and directly address a research question.

**5. DURATION:**

1. The course shall be a Post-Graduate Full Time Course
2. The duration of course shall be of Two years /Four Semesters.

**6. PATTERN:**

The pattern of Examination will be Semester.

## **7. ADMISSION AND INTAKE:**

### **i) Admission Committee:**

1. For the admission of the M.A. Psychology course the composition of Admission committee which will be the final authority.

### **ii) Merit List for admission rounds:**

1. The merit list of the students shall be prepared solely on the basis of marks obtained by the candidate at the B.A. Degree in psychology (special).
2. In case there are two or more candidates with the equal marks, elder student will be considered first considering their date of birth.
3. If the tie still continues, merit position/s will be decided on the basis of alphabetical order considering surname first.

### **iii) Reservation:**

**I) Intake Capacity of M.A. Psychology Course and Reservation quota for admission will be as per the rules of the State Government.**

#### **Note:-**

1. As per G.R. No. TEM (3397)/1297 TE-1 dated 11-7-1997 the constitutional reservation should not exceed 50% and hence the necessary adjustment giving reservation to S.B.C. as per GR.
2. 3% seats are reserved for persons with disabilities as per Govt. letter no. Misc. 1003 (510/2003) Est. 1 dated 27-10- 2003 (Encl: G.R.)
3. Candidate should produce the caste certificate at the time of submission of the
4. Admission form.
5. The candidates belonging to VJA, NTB, NTC, NTD, OBC, and SBC should produce non-creamy layer certificate at the time of admission.
6. The prescribed percentage for De-reservation policy will be implemented as per Govt. of Maharashtra G.R.No. TEM- 3397/12926/ (9086)/TE-1 dtd. 11-07-1997.
7. If any difficulty arises during the admission process, the admission committee should take the appropriate decision, which should be considered as final decision.

## **8. Eligibility: Qualifying Examination:**

- i. Candidates who have passed in Bachelors' degree in Psychology \*special+ of Shivaji University or any other Statutory University recognized equivalent thereto, with minimum of 45 percent Marks/ Second Class.
- ii. The merit list of the students shall be prepared solely on the basis of marks obtained by the candidate in the examination.

## **9. Medium of Instruction:**

**The medium of instruction shall be in English. (Student will have option to write answer scripts in Marathi)**

**STRUCTURE OF COURSE: [For Both Part I and II].**  
**M.A. PART II, CLINICAL PSYCHOLOGY**  
**Semester System**  
**[To be introduced w.e.f. 2020-2021 for M. A. Part II]**  
**COURSE STRUCTURE WITH CREDIT POINTS AND MARKS**

<b>M. A. Psychology, Part – II: Semester – III and IV</b> <b>[To be introduced from 2020-2021]</b>
<b>SEMESTER - I: CORE PAPERS</b>

**Rules regarding selection of Specialization Group and Papers for Semester – III & IV:**  
**M.A. Psychology: SCHEME OF EXAMINATION: SEMESTER**

**1. NUMBER OF THEORY PAPERS AND PRACTICAL PAPERS:**

The Entire M.A. Part II Psychology Course shall have 6 theory papers and 2 practicums paper each paper carrying 80 marks. Thus, entire M.A. examination shall be of 1600 total marks.

**2. SEMESTER EXAMINATION:**

The system of examination would be Semester. The examination shall be conducted at the end of each semester.

**3. SEMESTER-Re-Examination:**

In case candidates fail in any of the papers in any semester examination, they can appear for the re-examination in the subsequent semester.

**4. Standard of Passing:**

1. To pass each paper 40 marks out of 100 are required.
2. Semester Examination: In every theory and practical/practicum paper a candidate should obtain a minimum of 40 % of total marks i.e. 32 marks out of 80 marks.
3. To pass each theory and practical paper 8 marks are required for internal assessment.
4. Seminar should be presented for 20 marks for semester III & IV and assignment should be submitted for semester III & IV for each paper for internal assessment.

**5. NATURE OF QUESTION PAPER AND SCHEME OF MARKING: -**

There will be four questions in the question paper each carrying 20 marks. All questions shall be compulsory.

**6. NATURE OF QUESTION PAPER AND SCHEME OF MARKING**

Question No.	Description	Marks
Question 1:	(A) Multiple choice questions (2 Marks/Question)	<b>10</b>
	(B) Answer in one or two sentences (2 Marks/Question)	<b>10</b>
Question 2:	Short notes: (Any four out of six)	<b>20</b>
Question 3:	Descriptive type question with internal choice.	<b>20</b>
Question 4:	Descriptive type question with internal choice.	<b>20</b>

## 7. COURSE STRUCTURE WITH CREDIT POINTS AND MARKS

**CBCS Pattern**  
**COMPULSORY / CORE PAPERS**  
**M. A. Part – II Psychology: Semester – III**  
**Specialization in Clinical Psychology**  
 (To be introduced from 2020-2021)

Paper No.	Paper Title	Marks		
		Sem. Exam.	Internal	Total
IX	Introduction to Psychopathology	80	20	100
X	Techniques of Psychodiagnostics	80	20	100
XI	Psychotherapies	80	20	100
<b>XII</b>	<b>Project</b>	<b>80</b>	<b>20</b>	<b>100</b>

**CBCS Pattern**  
**M. A. Part – II Psychology: Semester – IV**  
**Specialization in Clinical Psychology**  
 (To be introduced from 2020-2021)

Paper No.	Paper Title	Marks		
		Sem. Exam.	Internal	Total
XIII	Psychopathology	80	20	100
XIV	Applied Psychodiagnostics	80	20	100
XV	Modern Psychotherapies	80	20	100
XVI	Practicum	80	20	100

## 8. EQUIVALENCE IN ACCORDANCE WITH TITLE AND CONTENTS OF PAPERS (FOR REVISED SYLLABUS)

Sr. No	Sem. III	
	Old Course	New Course
1	Paper IX : Psychopathology-I	Paper IX : Introduction to Psychopathology
2	Paper X : Applied Clinical Psychology	Paper X : Techniques of Psychodiagnostics
3	Paper XI : Clinical Counselling	Paper XI : Psychotherapies
4	Paper XII : Project	Paper XII : Project

Sr. No	Sem. IV	
	Old Course	New Course
1	Paper XIII : Psychopathology-II	Paper XIII :Psychopathology
2	Paper XIV : Psychodiagnostics	Paper XIV : Applied Psychodiagnostics
3	Paper XV : Psychotherapies	Paper XV : Modern Psychotherapies
4	Paper XVI : Practicum	Paper XVI : Practicum

**Shivaji University, Kolhapur**  
**M.A. (Psychology) (Part II) (Semester IV)**  
**(Choice Based Credit System)**  
**(Introduced from June, 2020)**

**I. PAPER NO. XVI**

**II. Course Title: PRACTICUM**

**III. Objectives:**

- 1) To acquaint the students with different types of clinical cases.**
- 2) To diagnose mental health problems.**
- 3) To prepare the students in taking case history, and making diagnosis of clinical cases, and writing its report.**

**IV. Recommended Reading**

**A. Books for Reading**

1. Hooley, J. M., Butcher, J. N., Nock, M. K., & Mineka, S. (2017). *Abnormal psychology* 17<sup>th</sup> ed. Global edition. Pearson education ltd.
2. Nevid, J. S., Rathus, S. A., & Greene, B. (2018). *Abnormal psychology in a changing world*. 9<sup>th</sup> ed. Pearson education ltd.
3. Comer, R. J. (2015). *Abnormal psychology*. 9<sup>th</sup> ed. Worth publisher, New York
4. Groth-Marnat, G. (2009). *Handbook of psychological assessment*. 5<sup>th</sup> ed. John Wiley & Sons, Inc., Hoboken, New Jersey.
5. Kellerman, H. & Burry, A. (2007). *Handbook of psychodiagnostic testing*. 4<sup>th</sup> ed. Springer.

**B. Books for References**

- 1) Barlow, D. H. and Durand, V. M. (1999): "Abnormal Psychology, 2nd Ed., Pacific Grove, Books / Cole.
- 2) Capuzzi, David and Gross, Douglas, R. (2007): "Counseling and Psychotherapy: Therapies and Interventions", 4th Ed., Pearson Education India.
- 3) Carson, R. C., Butcher, J. N., Mineka, S. and Hooley, J.M. (2007): "Abnormal Psychology", 3rd Ed., Pearson Education, India.
- 4) Corsini, R. J. and Wedding, D. (Eds.) (1995): "Current Psychotherapies", Itasca, Ill: F. E. Peacock.
- 5) Mathur, S. S. (1985): "Clinical Psychology", Vinod Pustak Mandir, Agra.
- 6) Neizal, M. T., Bernstein (1995): "Introduction to Clinical Psychology", 2nd Ed.
- 7) Weiner, B. (1983): "Clinical Methods in Psychology", N. Y., John – Wiley and Sons.

▪ **Case Study**

Every student or pair of students has to visit Hospital/Clinic/Correctional Institution/ NGO set up /Rehabilitation centers etc. to study clinical cases. He/She has to study comprehensively any four different types of clinical cases in consultation with the concerned subject teacher. He/She has to apply appropriate psychological assessment tools (tests/scales from provided list) and techniques for psycho-diagnosis. After history, symptoms and diagnosis, He/She has to apply appropriate psychotherapeutic techniques to solve the problem. After completion of case work comprehensive psychological report in standard format covering all above aspects should be submitted for every case.

**Note-** More than two students are not allowed to take same cases to study.

▪ **List of Clinical Tests / Scales / Techniques**

- 1) WAIS – Malin’s Test
- 2) Standard Progressive Matrices
- 3) Culture Fair Scale of Intelligence
- 4) Test of Thinking
- 5) Judgment and Reasoning Tests
- 6) Emotional Intelligence Scale
- 7) Social Intelligence Scale
- 8) NEO - FFI
- 9) H.S.P.Q.
- 10) Locus of Control Scale
- 11) The 16 PF Questionnaire
- 12) MMPI
- 13) EPQ – R
- 14) KNPI
- 15) Adjustment Inventory
- 16) Test of Behavioral Assessment
- 17) Eight State Questionnaire
- 18) Coping Resource Inventory
- 19) Indian Adaptation of TAT
- 20) Ink – Blot Test
- 21) Medico-psychological Questionnaire
- 22) P.G.I. Health Questionnaire
- 23) Cornell Medical Index Health Questionnaire
- 24) Anxiety Scale
- 25) Depression Scale
- 26) Stress Scale
- 27) Frustration Scale
- 28) Mental Health Inventory

- **Nature of Examination / Question Paper**

Each student will be given ONE hypothetical clinical case by university. He / She has to write brief history, describe symptoms and make diagnosis of the case. After diagnosis, he / She has to apply appropriate psychotherapeutic techniques to solve the problem. A comprehensive psychological report in standard format covering all above aspects should be written.

- **Scheme of Marking**

<b>Sr. No.</b>	<b>Content</b>	<b>Marks</b>	<b>Description</b>
1	Case Study Report	50	40 Marks assessment by HOD and 10 Marks assessment by External Examiner
2	Case Analysis	10	10 Marks assessment by External Examiner
3	Presentation project and Viva	20	20 Marks assessment by External Examiner

- **Total : 80 Marks**
- **For internal 20 marks visit and report writing on Regional Mental Hospital/Rehabilitation Centre/ Mentally Challenged School/Learning Disability School/Rehabilitation /NGO etc. (any one)**
- **Note :**

- 1) There shall be two practicum sessions of 4 periods each per week per batch consist of 10 students.
  - 2) Eligibility for the practicum examination is subject to certification of case study report as well as visit report written by the student, duly signed by teacher in charge and HOD.
  - 3) Practicum examination will be held at the end of the Semester IV.
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